

1ST DECEMBER

Lego Package
Win at Trinity Leeds between 2pm & 3pm.

2ND DECEMBER

Tickets to Legoland for 5 people
Follow @hirstycapital and like us on facebook.com/hirstycapital to receive the secret competition link which will be released during Hirsty's Daily Dose after 7am.

3RD DECEMBER

£50 of Lemongrass Spa Goodies
Follow @hirstycapital and like us on facebook.com/hirstycapital to receive the secret competition link which will be released during Hirsty's Daily Dose after 7am.

4TH DECEMBER

Meal for 2 at Cielo Blanco
Follow @hirstycapital and like us on facebook.com/hirstycapital to receive the secret competition link which will be released during Hirsty's Daily Dose after 7am.

5TH DECEMBER

Pair of Monarch flights from Leeds Bradford Airport with Superdry winter kit
Follow @hirstycapital and like us on facebook.com/hirstycapital to receive the secret competition link which will be released during Hirsty's Daily Dose after 7am.

6TH DECEMBER

Roast & Conch Experience with £500 to spend at Trinity Leeds
Prize will be given away on-air with Adam O'Neill between 4pm-7pm, make sure you have registered at capitalfm.com before midday on the 5th.

7TH DECEMBER

Chip & Fish for 3 months
Listen to Capital between 8am - 12pm to hear your cue to text in to win!

8TH DECEMBER

4 tickets to see JLS in Leeds
Listen to Capital between 8am - 12pm to hear your cue to text in to win!

9TH DECEMBER

Chicago Rib Shack
Follow @hirstycapital and like us on facebook.com/hirstycapital to receive the secret competition link which will be released during Hirsty's Daily Dose after 7am.

10TH DECEMBER

Adidas Package
Follow @hirstycapital and like us on facebook.com/hirstycapital to receive the secret competition link which will be released during Hirsty's Daily Dose after 7am.

11TH DECEMBER

Pandora Bracelet
Follow @hirstycapital and like us on facebook.com/hirstycapital to receive the secret competition link which will be released during Hirsty's Daily Dose after 7am.

12TH DECEMBER

The Entertainer package
Follow @hirstycapital and like us on facebook.com/hirstycapital to receive the secret competition link which will be released during Hirsty's Daily Dose after 7am.

13TH DECEMBER

VIP ROX shopping spree
Prize will be given away on-air with Adam O'Neill between 4pm-7pm, make sure you have registered at capitalfm.com before midday on the 12th.

14TH DECEMBER

360 Champagne & Cocktail party
Listen to Capital between 8am-12pm to hear your cue to text in to win!

15TH DECEMBER

Lego Camper Van
Listen to Capital between 8am - 12pm to hear your cue to text in to win!

16TH DECEMBER

£1000 shopping spree in Office
Prize will be given away on-air with Hirsty's Daily Dose between 6am-10am, make sure you have registered at capitalfm.com before midday on the 15th

17TH DECEMBER

Everyman Experience with iPad
Prize will be given away on-air with Hirsty's Daily Dose between 6am-10am, make sure you have registered at capitalfm.com before midday on the 16th

18TH DECEMBER

£1000 shopping spree in Phillip Stoner
Prize will be given away on-air with Hirsty's Daily Dose between 6am-10am, make sure you have registered at capitalfm.com before midday on the 17th

19TH DECEMBER

Bose & Apple iPad package
Prize will be given away on-air with Hirsty's Daily Dose between 6am-10am, make sure you have registered at capitalfm.com before midday on the 18th

20TH DECEMBER

£1000 shopping spree in Trinity Leeds
Prize will be given away on-air with Hirsty's Daily Dose between 6am-10am, make sure you have registered at capitalfm.com before midday on the 19th

21ST DECEMBER

£100 Giraffe voucher
Listen to Capital between 8am - 12pm to hear your cue to text in to win!

22ND DECEMBER

Cocktail master class at Alchemist
Listen to Capital between 8am - 12pm to hear your cue to text in to win!

23RD DECEMBER

Maurice Lacroix watch from Fraser Hart. Prize will be given away on-air with Hirsty's Daily Dose between 6am-10am, make sure you have registered at capitalfm.com before midday on the 22nd

24TH DECEMBER

Ultimate Christmas package for the whole family. Prize will be given away on-air with Hirsty's Daily Dose between 6am-10am, make sure you have registered at capitalfm.com before midday on the 23rd.



YORKSHIRE'S NO.1 HIT MUSIC STATION

